

Coaching with Christy

Testimonial

When I contacted Christy for her life coaching, it was at a time when I desperately needed to know my purpose. I felt like I was letting life happen to me rather than having a big picture purpose to align my life choices to. Christy methodically and intentionally helped me to define which way was forward and up. Her gentle coaching and tools helped me to define me - who God made me to be and why He created me just this way.

It was amazing and so comforting to have her dedicated to listening and assessing where I felt so clouded and frazzled. I came out with a clear direction, a definitive purpose and a regained sense of self confidence.

I highly recommend 1RG and all that they stand for!

Client: K



Contact Christy to see how coaching can improve and impact your life.



1RG MINISTRIES